

A New Era of Rehabilitation: Eliminate your chronic back, joint or nerve pain, Safely, Naturally and Effectively!

The definition of Rehabilitation described by the World Health Organization (WHO) states “a set of interventions designed to optimize functioning and reduce disability in individuals with health conditions in interaction with their environment”.

As we age many of us have felt the aches and pains of daily life. We have had injuries, experienced slips and falls or developed degeneration in our spines and joints. Over time these occurrences may have led to drastic changes in our abilities to perform simple tasks; walking, lifting, or bending becomes difficult. It may lead to dread thinking about the struggles of even getting through the grocery store. We grab a cart in desperation of some support or relief of pain. Walking up and down stairs becomes exhausting as our legs and feet become tired, heavy, or weak. It may begin to affect your sleep as symptoms increase at night. It may put stresses on your ability to care for yourself, loved ones, or daily activities around our homes.

Eventually you progress to speaking to your doctor, seeking help in managing or eliminating this pain and its effect on your life. For some it leads to diagnostic tests; X-rays, MRIs, or blood work to confirm the issue. It may then lead to Physical Therapy, Chiropractic, or Massage. If more drastic, pain medications, injections or even surgery. But what happens when we go through this process, and we find that we are still in pain? Why did all these years of therapy, injections or surgery not work? The ultimate question being do I have to live the rest of my life this way? The answer is NO!

Imagine a pain free life, regardless of age or arthritis. Reduced or eliminated pain medications, injections or surgeries for spinal, nerve, or joint pain.

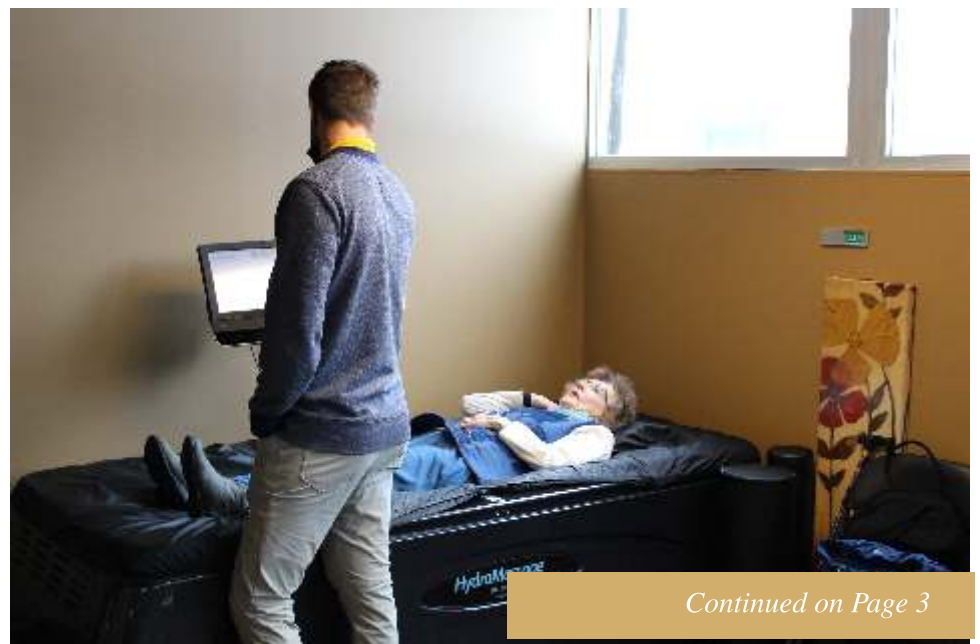


A life you deserve, utilizing safe, effective and pain free therapies that are designed to specifically treat your needs and pain.

True Rehabilitation:

There comes a point where people need advanced care to rehabilitate spinal, joint and nerve related pain known as Peripheral Neuropathy. Where basic avenues of care only provide temporary relief for hours or days, and pain medication only suppresses the brains interpretation of pain. Leaving us with the same or slightly reduced pain but not feeling ourselves. Potential surgery may be dangerous and should only be the last resort.

WNY Pain Relief and Integrative Wellness Center has cared for thousands of individuals who have suffered with chronic pain, exhausted all avenues of care, and felt hopeless in their abilities to enjoy daily life without constant pain, discomfort, and balance issues. Their office, therapies and approach to chronic pain founded and developed by Dr. Christian Milioto has brought an approach to medicine that is unlike anything in the region. They have helped those with advanced conditions in the spine **regain strength and balance**, improving their **ability to walk, stand** and care for themselves again. They have **eliminated debilitating nerve pain**, known as Peripheral Neuropathy, associated with Diabetic, Idiopathic, spinal related, Chemo/Radiation



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induced, or circulation/medication induced forms.

“When it comes to treating chronic pain, we take no short routes. Our patients have seen it all and tried it all. They feel defeated in their ability to be comfortable in their older age and enjoy the simpler things in life. When I founded my practice, I dedicated my life to being a doctor that would give everything I have in terms of knowledge treatment and understanding of my patient’s pain and conditions. When I developed my treatment of care it was to approach chronic pain by addressing each element of someone’s inflammation and pain. To provide care to help heal not to simply manage pain. We have had the honor of giving people their lives back who have felt pain from **Sciatica, Stenosis, Disc Degeneration, Bulges, Herniations and Arthritis**. We have eliminated **numbness, burning, tingling, and pins and needles** with those experiencing nerve pain, **Neuropathy, and circulatory disorders**. We have helped restored **balance and strength** from **tired, restless weak legs**. When someone calls for a consult, they sometimes don’t know what to expect as we offer unique advanced therapies and technologies. “When I sit down with a patient, they have my undivided attention where I will generally spend an hour or longer understanding their history, pain and going over their X-Rays or MRIs. I thoroughly explain and help educate them on why they feel what they do and how they can heal from their pain. We then create a treatment plan for them. I take great pride in being an advocate for my patients and their needs and goals. A piece of me goes to each of my patients as that is the only way I can truly feel I did my job for them.” –Dr. Milioto

At WNY Pain Relief you can expect great care, individual attention, and relief. Get a second opinion about your body. Learn how you can eliminate medication surgery and endless cycles of care. They offer **educational seminars** on pain, inflammation, neuropathy, joint

and back pain. You can view real patient video testimonials on their website but here are some of their google reviews of lives they have touched.

Daniel:

I have been being seen by the fine folks at WNY Pain Relief & Integrative Wellness for a year now. I have peripheral neuropathy (no feeling and tremendous amount of pain) in both feet. After seeing numerous doctors over the years with no help, I saw the Wellness Center advertised on television and decided to inquire. Dr. Milioto properly diagnosed my major issue to be a lower back injury. I had no back pain so I questioned his diagnosis. After 6-8 weeks on the decompression table, my pain level has been cut in half. I am very impressed with the professional environment the Doctors create and how well the office is managed. A huge thank you to all at the wellness center.

Amanda:

I was in a car accident in 2009 which was followed by countless doctor visits, injections, pain meds, PT, chiro and eventually a spinal fusion in 2013. None of those things helped and years later it was so depressing to not be able to remember a day without pain. At my consult we went over my history and diagnoses, but Dr Milioto was more interested in how I felt. From there he came up with a custom treatment plan for my pain. Before I knew it, I was nearing the end of my 8wk plan and realized at work one day “hey, I haven’t been hunched over all day trying to relieve my back pain!” Dr Milioto’s plan worked, and I couldn’t be more grateful! Each visit to the office is always easy and enjoyable and the entire team is friendly and knowledgeable! Thank you to all the docs for helping me achieve something I had given up on...living my life without being in horrible pain

Mary Celine

All the Doctors have helped to improve my neuropathy from chemotherapy. They are kind, compassionate, knowledgeable, and understanding.

Carolyn:

Went for a consultation for pain in my feet, legs, hips, and lower back. The doctors reviewed my MRI and explained exactly what was going on with my spine. First time anyone showed me what was happening to my disks. Very knowledgeable and professional.



Therese

The best place for neurological challenges and back problems! Extremely great doctors who care for their patients more than anything else.

Anne:

After trying multiple routes, I called inquiring about spinal decompression, and honestly it was the best thing I ever did. They walked me through a care plan with multiple therapy techniques. Everyone in the office is spectacular and I can’t even praise them enough!! The best part is that everyone is very honest and realistic and doesn’t try to

promise anything they can’t guarantee. I will only go back to WNY Pain Relief & Integrative Wellness as it was not only a great experience but also life changing.

WNY Pain relief will give you the attention and care you deserve. If you are ready to take the next step in pain relief, healing and the life you deserve call today at 650-PAIN (7246).

Reserve your seat at their upcoming educational seminar Wednesday February 16th at 1pm

Head to their website to learn more or take their Pain Questionnaire today at www.buffalopainrelief.com